

## Be A Player Training

Explore the non-technical golf fundamentals and learn to coach yourself to unleash your true potential on the golf course. **BE a Player!**



This 8-week remote training program will give you the foundation of the Human Skills of the Game and teach you how to manage yourself while playing golf on course. You will learn the non-technical / human skills of the game to complement your technique. Through discovery and training, you'll explore these new skills and expand your playing potential. The training is spread out over a longer timeframe for better absorption and effective integration.

This innovative, multi-platform, online training program is being brought to you – anywhere in the world – through the *CoachNow* app / website. The VISION54 principles are delivered using digital instruction, audio and video instruction, and actionable practice assignments since we know it's by doing and exploring that these skills come alive. You train at your own pace through

each week's assignments with no schedule or live sessions. VISION54 coaches will offer support throughout the training program and you're encouraged to interact with the other players in the group.

[VISION54.com](http://VISION54.com)

- ▶ **Next sessions** begin on the first Monday of every month.



### Key Learning Outcomes

- **Human Skills** – explore the human skills of the game to complement your technique.
- **MY54** – discover what you do when you play great and how to access that unique formula more often.
- **NOT54** – identify what you do when you don't play well and how to catch yourself and shift back.
- **Manage Variability** – learn how to manage yourself on the golf course – before the shot, during the shot, after the shot, and between shots.

### Training Includes:

- ▶ 1 hr / wk instruction +
- ▶ 4-6 hrs / wk actionable exercises +
- ▶ downloadable training PDFs for ongoing practice
- ▶ optional remote private coaching: \$100 / 30min

### Fees

- **Player** (*non-Alumni*): \$500
- **Alumni\***: \$400

*\*from 2 or 3 day Golf programs (2010-2020)*

### ▶ Details / Registration

<https://vision54.myshopify.com/products/be-a-player-training-program>

